

# HOPE AND RESTORATION PATHWAYS CHRISTIAN COUNSELING, INC

## CHILD/ADOLESCENT CONFIDENTIAL HISTORY AND INFORMATION

*Please note: for simplicity, the term "child" is utilized to reference both a child and an adolescent.*

***Please complete this history carefully and as completely as possible. Your therapist/counselor will utilize this information in establishing a plan of care for your child.***

### **Identifying Information:**

Child/Adolescent Name: \_\_\_\_\_ M \_\_\_ F \_\_\_

Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_

If parents are divorced, and a rotating custody schedule exists, where and when does your child live, if not full time at a single residence?

\_\_\_\_\_  
\_\_\_\_\_

Grade in school: \_\_\_\_\_ School: \_\_\_\_\_

### **Parent's marital status:**

\_\_\_ married \_\_\_ engaged \_\_\_ single parent household

\_\_\_/\_\_\_ separated/length of time \_\_\_/\_\_\_ divorced/length of time

\_\_\_ unmarried parents in one household \_\_\_ unmarried parents in different households

Religious Preference: \_\_\_\_\_ Does your family attend church, and if so, what activities does your child participate in?

\_\_\_\_\_

### **Parents or Caregivers:**

#### **Natural Father:**

Name: \_\_\_\_\_ Age \_\_\_ Living Y N

Address: \_\_\_\_\_

Health of parent (circle): Excellent Good Fair Poor Terminal Illness  
Parent health concerns that may impact child: \_\_\_\_\_  
If deceased, cause of death \_\_\_\_\_  
Occupation: \_\_\_\_\_ Status: Part-time Full-time

**Natural Mother:**

Name: \_\_\_\_\_ Age \_\_\_ Living Y N  
Address: \_\_\_\_\_  
Health of parent (circle): Excellent Good Fair Poor Terminal Illness  
Parent health concerns that may impact child: \_\_\_\_\_  
If deceased, cause of death \_\_\_\_\_  
Occupation: \_\_\_\_\_ Status: Part-time Full-time

**Alternative Caregivers:**

*If not living with any of the above natural parents, please indicate the alternative family arrangement, such as adoptive, step-parent, foster, or grandparents:*

Type of alternative caregiver or parent: \_\_\_ Adoptive \_\_\_ Step-parent  
\_\_\_ Foster \_\_\_ Grandparent \_\_\_ Other (\_\_\_\_\_)  
Name: \_\_\_\_\_ Age \_\_\_ Living Y N  
Address: \_\_\_\_\_  
Health of caregiver (circle): Excellent Good Fair Poor Terminal Illness  
Parent health concerns that may impact child: \_\_\_\_\_  
If deceased, cause of death \_\_\_\_\_  
Occupation: \_\_\_\_\_ Status: Part-time Full-time

**Presenting Problems:**

What is the primary concern that has led you to seek counseling for your child?

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

When did this problem begin? \_\_\_\_\_

What have you done thus far in attempting to resolve this concern? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Please list all professionals and agencies involved thus far in the problem: \_\_\_\_\_  
\_\_\_\_\_

---

**Home Environment or History of Trauma:**

Are there any stressors in the household, family life, or parental relationship that may impact your child?

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Is there any history of abuse or trauma that may have some relationship to any of the problems that your child may be experiencing?

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Are any of these concerns present?

(check any that apply) \_\_\_\_\_ Frequent family conflict \_\_\_\_\_ Parental neglect or abuse of child \_\_\_\_\_ Parental Mental Illness \_\_\_\_\_ Parental conflict \_\_\_\_\_ Parental substance abuse \_\_\_\_\_ Any history of abuse or neglect \_\_\_\_\_ Sibling conflict or rivalry

Please describe in detail:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Desired Outcomes of Counseling:**

What do parents see as needing to change as a result of intervention?

*(Please check any that apply):*

child's attitude    child's fears/worries    parent-child relationship  
 improvement in child's behavior    child's grades    interaction with  
others at school    sleep schedule    family relationships    sibling  
relationships    co-parenting challenges, if not residing with both natural  
parents    Other specific desired counseling outcomes:

---

---

---

---

---

Does your child have difficulties with school or peers at school? Y N

---

---

---

**Legal Problems**

Has the child been in trouble with the law or involved with the court system in any way? Y N    If yes, please give details:

---

---

Is there any legal action pending or considered, including custody considerations? Y N    If yes, please give details:

---

---

---

---

---

**Medical Information**

Did the child’s mother have any problems during pregnancy or delivery?    Y    N

If yes, please explain:

---

Is your child on any medication?    Y    N    If yes, please list all medications taken:

*Name of Medication:* \_\_\_\_\_ *Reason:* \_\_\_\_\_ *Prescriber:* \_\_\_\_\_

*Name of Medication:* \_\_\_\_\_ *Reason:* \_\_\_\_\_ *Prescriber:* \_\_\_\_\_

*Name of Medication:* \_\_\_\_\_ *Reason:* \_\_\_\_\_ *Prescriber:* \_\_\_\_\_

**Family Structure**

List all persons living in the household or households if a co-parenting arrangement is in place where the child lives between two parents:

Name/Relationship	Age	Location	Occupation/Grade
-------------------	-----	----------	------------------

---

---

---

---

---

---

---

**Additional Concerns to Address in Counseling:**

Are there any other concerns that you desire to become a focus of counseling or that you would like the therapist/counselor to address in sessions regarding your child? \_\_\_\_\_

---

---

---

---

*Thank you for providing this valuable information regarding your concerns relating to your child or adolescent. We understand that sharing this private information is very difficult, but we want to reassure you that this information will be treated with the highest level of confidentiality. Having this information will greatly assist your clinician in the provision of quality treatment in order to address these concerns adequately.*

---